

Cancer genomic testing: patient-doctor conversation starter

Every cancer is unique: cancer genomic testing can help find out more about yours

The more you and your doctor know about your cancer, the better equipped you are to diagnose and treat it. This is where cancer genomic testing can help.

If you have been diagnosed with cancer, have a conversation with your doctor to see if cancer genomic testing may be right for you.

If you choose to discuss the possibility of cancer genomic testing with your doctor, the following steps outlined by the **TEST** acronym can help to guide you through the process:

What is cancer genomic testing?

Cancer genomic testing is a diagnostic test that is used to identify the changes in the genes of cancer cells to determine how each individual tumour behaves and grows.¹

This is crucial information that may help you and your doctor better understand the treatment options or clinical trials available, and potentially plan a path forwards that is personal to you.

Cancer genomic testing is different from genetic testing.¹ Cancer genomic testing is for individuals diagnosed with cancer and helps identify changes in the underlying biology of a tumour, at the molecular level, that may be causing the cancer to grow. Genetic testing is for anyone and looks at the unique attributes of a person's genetic profile.

T Talk to your doctor

- Discuss the possibility of cancer genomic testing with your doctor. Some of the questions you may want to ask them could include:
 - Have you already carried out any genomic tests on my cancer?
 - Is cancer genomic testing right for me?
 - What does having a cancer genomic test involve and how long does it take to get the results?
 - How could cancer genomic testing impact or change my treatment?

E Evaluate options

- Together with your doctor, you can look at all the different options available for cancer genomic testing and what this might mean for you and your treatment.
- Your doctor will work with a testing lab team to choose a testing method for you. Cancer genomic testing is either conducted on a tissue sample from the tumour, or a blood sample.

S Select a path together

- Once your doctor has received the results from your cancer genomic test, they can quickly identify whether there are any potential treatment options or clinical trials available for you. This may help to avoid unnecessary treatments that are unlikely to impact your cancer.
- For some types of cancer, there may not be an available treatment option or clinical trial available. In this case, your doctor can discuss other options and next steps with you.

T Tell others

- Today, more and more doctors and patient advocates are insisting that cancer genomic testing should be the first step in the journey of every person diagnosed with cancer.
- However, cancer genomic testing is still not always done. If you know someone who has been affected by cancer, tell them about your experience of cancer genomic testing. Let's spread the word, together.

For more information, visit www.Roche.com